



David Estes
Sports Instruction

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DAILY SCHEDULE

Join us at the TEMESCAL CANYON PLAYGROUND 200 yards east of PACIFIC COAST HWY ON TEMESCAL CANYON ROAD.

1:00 PM we start off our day playing skill-building games and working on technique.

3:00 PM we hit the beach to body surf, swim, and hang out!

4:30 PM and it's time to head back to the field for snacks, ice cream, and more soccer.

5:00 PM we start our competitive games. Parents are welcome to watch and cheer on their children.



6:00 PM is our late pick-up and it's time to call it a day!

Get some rest & we'll see you again soon!

BE SURE TO BRING...

- DRINKING WATER
- A TOWEL
- A HAT
- A SNACK
- SUNSCREEN
- SWIMWEAR
- TWO PAIRS OF SHOES
(remember that new cleats can cause blisters.)
- LOTS OF ENERGY!



Don't forget to ask us about our private training sessions as well as our year-round sports instruction! You can view a full description of our activities at:

www.coachdavidestes.com

